



*A Celebration of Douglas' Past, Present and Future*



## **Bed Races 2018**

### **Rules and Regulations**

#### **Bed Design**

- Bed must measure at least 3 feet by 6 feet, but no more than 6 feet by 8 feet, handles included.
- Beds must include a mattress. Pads do not qualify as a mattress.
- Beds must be designed with four functional wheels that make contact with the road surface at all times. **NO MOTORS OR MECHANICAL ASSISTANCE WILL BE ALLOWED.** Steering is acceptable as it prevents the bed from traveling into the crowd or into other competitors.
- All beds will be inspected prior to racing to check for safety and mechanical issues.

#### **Racing Teams**

- Teams must consist of one rider and four runners/pushers.
- Only those who are on the list may be a part of the running team.
- In an instance where there is an injury to one of the runners/pushers, a substitute/alternate may participate **ONLY** at the discretion of the event director.
- Racers must be 18 years of age or older to participate.

#### **Safety**

- All bed racers must sign the Waiver of Liability and Acknowledgement of the Bed Race Rules and Regulations before participating in the race.
- Theme or costume attire is strongly encouraged!
- All runners/pushers should wear athletic shoes suitable for street running.

#### **The Race**

- Bed riders are **REQUIRED** to wear a helmet.
- Bed riders must sit or lay flat on the bed.
- All runners/pushers must be in control of their bed until it comes to a complete stop.
- Teams should not interfere or impede the progress of opposing teams.
- The format of the race shall be discussed with the teams on race day.

#### **Awards**

- Grand Prize Award will be given to the team with the fastest time.



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Fee Received: \$ \_\_\_\_\_

Date: \_\_\_\_\_

Received by: \_\_\_\_\_

Cash  Check # \_\_\_\_\_

### Bed Races 2018

Entry Fee: \$ 25 per team

**Submit application to the City of Douglas Recreation Office**

**425 E. 10<sup>th</sup> Street**

#### Registration/Waiver of Liability/Acknowledgement of Rules and Regulations

Team Name \_\_\_\_\_

Bed Theme \_\_\_\_\_

Team Captain \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Team Member \_\_\_\_\_ DOB \_\_\_\_\_

Team Member \_\_\_\_\_ DOB \_\_\_\_\_

Team Member \_\_\_\_\_ DOB \_\_\_\_\_

Team Member \_\_\_\_\_ DOB \_\_\_\_\_

**\*Liability waiver (next page) MUST be signed by each team member\***

**I acknowledge receipt of and agree to abide by the above Rules and Regulations of the Douglas Day's Bed Race. I agree to release and hold harmless the Douglas Day's Festival, The City of Douglas, and all participants from any and all liability resulting from any of the following: accidents, injury or theft related to the Bed Races during Douglas Day's Celebration.**

**Signed \_\_\_\_\_ Date \_\_\_\_\_**  
**Team Captain**

**I acknowledge receipt of and agree to abide by the above Rules and Regulations of the Douglas Day's Bed Race. I agree to release and hold harmless the Douglas Day's Festival, The City of Douglas, and all participants from any and all liability resulting from any of the following: accidents, injury or theft related to the Bed Races during Douglas Day's Celebration.**

**Signed \_\_\_\_\_ Date \_\_\_\_\_**  
**Team Member # 2**

**I acknowledge receipt of and agree to abide by the above Rules and Regulations of the Douglas Day's Bed Race. I agree to release and hold harmless the Douglas Day's Festival, The City of Douglas, and all participants from any and all liability resulting from any of the following: accidents, injury or theft related to the Bed Races during Douglas Day's Celebration.**

**Signed \_\_\_\_\_ Date \_\_\_\_\_**  
**Team Member # 3**

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**Signed \_\_\_\_\_ Date \_\_\_\_\_**  
**Team Member # 4**

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**Signed \_\_\_\_\_ Date \_\_\_\_\_**  
**Team Member # 5**